

CPAP/BiPAP Cleaning Tips (ResMed)

Filter- Change filter twice a month or every other week. Never get the filter wet.

Tubing- Wash tubing once per week using mild soap and water. Rinse well and hang over shower head or shower rod to dry.

Humidifier Chamber- Use ONLY distilled water. Dump out and replace water each day before use. Wash chamber once a week using mild soap and water. Allow to completely air-dry upside down. Do not use a towel to dry.

Mask- Wipe down mask each morning with a damp cloth or CPAP wipes. Wash entire mask and head gear once per week with mild soap and water. Allow to air-dry before use.

Mild soap- baby shampoo or dawn dish detergent.